



# Nordicfest 2018

**Location:** Camp Allegany, Allegany State Park, Salamanca, NY

**Date:** February 9-11, 2018

**Cost:** Early discount=\$80.00 by 1/5 \$100.00 by 1/29

**Non-patrollers who wish to attend but will not participate in clinics - \$50.00**

Includes: Lodging, clinics and meals; Friday - light snack;

**The Venue:** Camp Allegany is a group camp owned and operated Allegany State Park. It is adjacent to the lower end of the Art Roscoe Ski Trail system with about 35 miles of groomed, track-set trails. We will have several meeting rooms and both wooded and cleared acreage for lots of indoor and outdoor activity. There is a dining hall and kitchen where meals will be served.

Adult beverages are permitted in NY state parks and these will be your own responsibility.

**Lodging:** There are bunkhouse type rooms though they are broken into smaller rooms with cots for two to eight people per room. Hot showers and flush toilets are in each bunkhouse. Bring your own towels and linens/sleeping bags. The camp will be open for occupancy by noon on Friday for anyone wishing to arrive early.

**Meals:** Meals will be served buffet style with excellent home-style menu.

**Evening programs:** There will be indoor and outdoor programs each evening on topics of interest, including a fire-ring discussion of present and past experiences.

**Events:** We will have clinics and skill stations in many facets of the Nordic, MTR, Avalanche and Instructor Development programs. Be sure to bring your compass, GPS, Transceiver, skis, fire building kits, shelter building materials, rescue sled building kits, etc., etc., etc.. A PSIA Nordic instructor will teach the Nordic ski skills clinics.

There will also be information presented on the Nordic Senior and Nordic Master programs.

**Directions to Allegany State Park and Camp Allegany:** Take exit 19 (Red House) from I 86 and proceed through the park entrance to the 4 way stop intersection. Proceed straight to the entrance to Camp Allegany on the left.

**OR:** Take exit 21(Parkway) from I 86 and proceed uphill through the park entrance. Continue to the 4 way stop intersection where you turn left and proceed to Camp Allegany entrance on the left.

**Registration deadline – Early discount 1/5/2018**

**Regular Fee 1/29/2018**



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Includes: Lodging, clinics and meals; Friday - light snack;  
Saturday - breakfast, lunch and dinner, and Sunday - breakfast

## Registration form

Please Print

**Name:** \_\_\_\_\_ **NSP#:** \_\_\_\_\_

**Street:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Cell:** \_\_\_\_\_

**City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Home Patrol:** \_\_\_\_\_

**Tee Shirt size:** \_\_\_\_\_ **Additional Tee Shirt \$ 15.00 Size:** \_\_\_\_\_

**I am:** ( ) Avalanche Instructor ( ) MTR Instructor ( ) Nordic Instructor  
( ) Instructor Development Instructor ( ) OEC Instructor ( ) Nordic Patroller  
( ) Nordic Senior ( ) Nordic Master Candidate ( ) Nordic Master

I am an IT in the following programs: \_\_\_\_\_

I plan to arrive: \_\_\_\_\_

**Make checks payable to: ASP Nordic Patrol** mail to: Ellen Conrad, 364 Wilson Road, Angola, NY 14006  
**Please observe deadlines and allow for delivery time.**

Inquiries may be emailed to: [ASPNordicFest@gmail.com](mailto:ASPNordicFest@gmail.com)

**NOTE!**: You must also register on the National website for each course for which you wish credit. Go online to; NSP.Org > sign in > click on "Member Resources tab > Course Schedule > then enter any of the following courses numbers you wish to enroll. The clinic names do not exactly coincide with the course names but you should be able to link the way they apply. Please only register for the courses you wish to attend. The Ski Enhancement will be limited to the first 20 participants in each of two sessions. **Please circle those you have registered.**

<u>Course #</u>	<u>Name</u>	<u>Description</u>
E132180001	Inst. Dev. Con.Ed. Avalanche	Best practices in teaching Avalanche
E132180002	Inst. Dev. Con.Ed. I.D. program	Update on I.D. Program and best practices
E132180003	Inst. Dev. Con.Ed. MTR	Best practices in teaching MTR and annual update
E132180004	MTR Enhancement clinic	Field practice in MTR skills and knowledge
E132180005	Inst. Dev. Con.Ed. Nordic	Best practices for Nordic Prog. Inst. and annual update
E132180006	Nordic Ski Enhancement Clinic	On-trail practice in development of Nordic ski skills.

# **Nordicfest – 2018 - Allegany State Park - February 9-11, 2018**

## **Workshops/Clinics**

Nordic Ski Enhancement for Basic and Senior patrollers - (This will take two session time slots, one Saturday morning and one Saturday afternoon) Taught by: PSIA Certified Nordic Instructor

Nordic Ski Waxing Techniques – Care and waxing of waxed Nordic skis for all weather conditions

Shelter Building – Construction of a variety of types of emergency shelters. (Construction of Quinzhee demo)

Emergency Sled Building – Demonstration and practice in building Mission Ridge Sled and Sked.

Matchless Fire Building and Outdoor Cooking – Instruction on starting fires with flint and steel type materials.

Map and Compass – Field session on basic and advanced coordination of map and compass for land navigation.

Avalanche Transceiver – Field use of a variety of Avalanche beacons and best practices in teaching their use.

Instructor Development Module – Presentation of best practices in teaching programs associated with Nordic disciplines.

## **Evening Presentations**

Nordic Master Introduction – Overview of the Nordic Master Program with explanation of requirements.

Dynamics of Mistakes in Avalanche Terrain – “A Dozen or More Turns” Video conducted by Steve Devine

## **Saturday Schedule**

Breakfast: 7:00 - 8:00

Clinics and workshops: 8:30 – 10:00

Clinics and workshops: 10:15 – 11:45

Lunch 12 – 1pm

Clinics and workshops: 1:15-2:45

Clinics and workshops: 3:00-4:30

Dinner: 5:30-6:30

7:00 - Evening programs, Fire Circle Discussions, etc.

## **Sunday Schedule**

Breakfast: 7:30 – 8:30

Debrief and Awards: 9:00 – 10:00

Adjourn